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Cold Tailgate Packing Checklist

Tick it off at home, then again at the car. Built for 4 to 6 hours outside.

Game: _____ **Date:** _____ **Kickoff:** _____

Feels like at arrival: _____ **Feels like at final whistle:** _____

WEAR

- [ ] Thermal top (no cotton)
- [ ] Thermal bottoms or lined leggings
- [ ] Sweater, fleece or team crewneck
- [ ] Long windproof coat that covers hips
- [ ] Jeans or lined pants
- [ ] Midweight wool socks (one pair)
- [ ] Lug sole or insulated boots
- [ ] Beanie in team color
- [ ] Gloves or mittens, plus thin liners
- [ ] Scarf or neck gaiter

WARMTH KIT

- [ ] Hand warmers (open at the car)
- [ ] Adhesive toe warmers
- [ ] Blanket (carried over your arm)
- [ ] Foam seat cushion, no pockets or zippers
- [ ] Thermos of something hot
- [ ] Spare dry socks left in the car

WEATHER BACKUP

- [ ] Waterproof shell or parka with hood
- [ ] Poncho for the bench
- [ ] Rain or snow pants
- [ ] Face covering for wind
- [ ] Heaviest layer kept in the car

BAG AND STADIUM

- [ ] Clear bag that meets stadium size rules
- [ ] Small clutch or one gallon clear bag
- [ ] Tickets and parking pass on phone
- [ ] Phone charger or battery pack
- [ ] ID and card
- [ ] Lip balm and tissues

CAR AND GRILL

- [ ] Folding chairs
- [ ] Trash bags
- [ ] Paper towels and wipes
- [ ] Extra layer for whoever runs the grill
- [ ] Plan for the walk back after dark

GAME DAY TIMELINE

- [ ] **Night before** Check the feels like for the final whistle, not the high.
- [ ] **At the car** Check again. Wind over 15 mph means dress one band colder.
- [ ] **Setting up** Open hand and toe warmers. Vent your warm layer while you move.
- [ ] **Before walking in** Change into your heaviest layer and grab the blanket.
- [ ] **Drive home** Swap into dry socks and turn the heat up.

Notes

Warning signs: redness or pain, white or grayish yellow skin, firm or waxy skin, or numbness can mean frostbite. Get somewhere warm and get help. Shivering you cannot stop means it is time to leave.

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Outfit Planner by Temperature

Find the feels like band for the end of the game. Wind over 15 mph? Drop one band.

Feels like	Top half	Bottom half	Extras
50°F and up	Sweater or crewneck, light jacket	Jeans, sneakers	Light scarf, sunglasses, beanie for after dark
40 to 49°F	Thermal, sweater, puffer or chore jacket	Jeans, crew socks, boots	Beanie, light gloves
30 to 39°F	Thermal, fleece or chunky knit, long puffer	Lined leggings under jeans, wool socks, lug boots	Gloves, scarf, hand warmers, blanket
Below 30°F	Full base layer, fleece, parka with hood	Thermal bottoms, insulated pants, insulated boots	Mittens, face cover, toe warmers, seat cushion

PLAN MY OUTFIT

Base layer: _____

Warm layer (color piece): _____

Coat: _____

Pants: _____

Socks and boots: _____

Hat, gloves, scarf: _____

Team color goes on: _____

Backup layer in the car: _____

GROUP PLAN

Name	Bringing	Team color piece	Ready
			☐
			☐
			☐
			☐
			☐
			☐

Night game or rain? Pack your heaviest layer anyway and change into it before you walk in. Check your stadium bag policy before you pack.