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Snow Outfit Planner

Page 1: outfit by temperature and a 7-point layering checklist.

Outfit by temperature (air temperature)

Windy? Go one band colder when the wind chill is lower than the air temperature.

Air temperature	Feels like	What to wear
32°F to 40°F	Wet snow and slush	Light base, sweater or fleece, waterproof shell or puffer, waterproof boots, beanie, light gloves
20°F to 31°F	Classic snow day	Midweight base, fleece, insulated puffer, wool socks, hat, scarf, mittens
0°F to 19°F	Bitter cold	Heavyweight base top and bottom, fleece, insulated parka, snow pants or lined pants, mittens, neck gaiter
Below 0°F	Dangerous cold	Everything for 0°F to 19°F plus a face covering, goggles, and hand warmers; cover all skin and keep trips short

Wind chill example from the National Weather Service: 0°F air with a 15 mph wind makes a wind chill of minus 19°F, and exposed skin can freeze in about 30 minutes. Colder, windier conditions can be faster.

Layering checklist: tick before you head out

- ☐ 1. Check the air temperature and the wind chill.
- ☐ 2. Put on a wool or synthetic base layer, no cotton.
- ☐ 3. Add a fleece or sweater mid layer.
- ☐ 4. Zip into a water-resistant, hooded outer layer.
- ☐ 5. Wear waterproof boots with one pair of wool socks.
- ☐ 6. Cover your head, ears, neck, and hands.
- ☐ 7. Pack spare socks and a plan to warm up indoors.

Today's plan

Air temperature: _____

Wind chill: _____

My band: _____

My outfit: _____

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Snow Day and Snow Trip Packing List

Page 2: tick each item as it goes in the bag, then add your own notes.

Packing list

- [ ] 2 thermal base layer sets
- [ ] 1 fleece or warm sweater
- [ ] 1 water-resistant puffer or parka
- [ ] 1 pair of snow pants or water-resistant pants
- [ ] 3 pairs of wool or synthetic socks
- [ ] Waterproof insulated boots
- [ ] Beanie, scarf or neck gaiter, mittens, and liner gloves
- [ ] Hand warmers and a thermos
- [ ] Sunglasses or goggles, sunscreen, and lip balm
- [ ] Slip-on traction cleats for icy sidewalks

My extras

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

Travel reminders

- [ ] Pack layers you can rewear and mix.
- [ ] Bring boots that slip on and off easily for places where shoes come off indoors.
- [ ] Wear a zip mid layer for heated trains and shops.
- [ ] Check the forecast each morning; mountain towns can be far colder than cities.

Notes